

HALIFAX AND FUNDY SHORES 2019

A multi-day self-supported bike tour starting and ending in Halifax Nova Scotia. We will cycle an average of 72 km per day through historic Nova Scotia visiting a UNESCO World Heritage site and some of the earliest European settlements in Canada. Fantastic panoramas as we ride along the Bay of Fundy shore and view the highest tides in Canada and the famous ‘tidal bore’.

View the maps on Elbow Valley Ride With GPS. Link supplied

<https://ridewithgps.com/events/70849-halifax-central-ns-bay-of-fundy>

We will enjoy overnighting at local BnB’s, cottages and hotels, but riders must be prepared to carry luggage between stops. So get out those panniers! No SAG Wagon.

Cycling at this time of the year comes with the added benefit of reduced rates for accommodations. Also, less tourist traffic, so the roads are much quieter than during the summer season. Nova Scotia is actively pursuing cycle tourists and building rail trails, but riders should be comfortable sharing the road with other traffic.

This is a “credit card trip” so everyone will pay as we go. The estimated total cost including airfare is estimated to be CAD \$2900. (table 2)

Riders must have a well maintained bike; rear and front lights on bike in case of fog or poor visibility; panniers to carry necessary items such clothing, toiletries, tools, rain gear and occasionally food for lunch. A cell phone is not necessary but would be useful.

There will be an information session early in January to discuss the trip and make any necessary changes to the plan. Every participant is encouraged to contribute to the planning. If you are interested contact Peter Thurston (403-280-9478) or Christine Grotefeld. (403-288-7803)

Table 1: ITINERARY

DATE	DAY	LOCATION	Dist. km	Elev. + m	ACCOMMODATIONS
15-May	1	Calgary to Halifax	0	0	Dalhousie University
16-May	2	Halifax to Indian Harbour	50	539	Oceanside Inn *
17-May	3	Indian Harbour to Chester	70	540	Mecklenburg Inn *
18-May	4	Chester to Bridgewater	70	508	Lighthouse Motel and Cottages
19-May	5	Bridgewater to “Kejimkujik”	69	486	Whitman Inn
20-May	6	Kejimkujik to Digby	71	715	Dockside Suites *
21-May	7	Digby to Westport	70	600	Bay of Fundy Inn
22-May	8	Westport to Digby	70	600	Dockside Suites *
23-May	9	Digby to Bridgetown	77	517	Bridgetown Motor Inn
24-May	10	Bridgetown to Wolfville	87	367	Acadia University
25-May	11	Wolfville	65	484	Acadia University
26-May	12	Wolfville to Burlington Centre	64	593	Burlington Rose Holiday Home
27-May	13	Burlington Centre to Shubenacadie	93	966	Rafters Ridge Cottages *
28-May	14	Shubenacadie to Halifax	78	565	Dalhousie University
29-May	15	Halifax to Calgary	0	0	
		TOTAL	934	7480	
					To be Confirmed *

Table 2: ESTIMATED EXPENSES

ITEM	COST \$	INFO
Air Fare	~700	Fly - Tues. / Wed. / Thur.
Accommodations	~1120	Est \$80 / day. Estimated Average
Airport Shuttles	~100	Two Trips – Shared Cost
Meals	~840	Est. 60 / day Some breakfast incl. at BnB
Laundry	~30	Likely less – can share
Entertainment and gifts	~100	Personal choice
Happy Hour Incidentals	~50	– includes food beverages. Depends on # of riders but \$50 / day should be lots
TOTAL	\$2940	**Includes Airfare

Table 3: ENVIRONMENT

MAY WEATHER AVERAGES BASED ON SEVERAL SITES IN NOVA SCOTIA							
	<i>mean temp</i>	<i>max temp</i>	<i>min temp</i>	<i>snow</i>	<i>total precip</i>	<i>DwP</i>	<i># days prec > 1mm</i>
2018	11.2	24.2	0.6	0.0	64.4	1.1	8.9
2017	10.9	29.5	1.5	0.0	128.4	1.0	12.9
2016	11.1	26.1	-1.9	0.0	89.6	2.8	11.4
2015	11.8	26.3	-0.5	0.1	56.6	1.1	7.1
2014	10.0	23.1	-0.7	0.0	42.2	0.4	8.6
2019 ??????	11.0	25.8	-0.2	0.0	76.2	1.3	9.8